

# DOTY LUNCH MENU

SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SPECIAL NOTES
9/3  <b>LABOR DAY</b> No School	9/3 SESAME NOODLES Crispy Baked Tofu Cucumber Salad Baby Carrots Fruit 1% or Skim Milk Cookie	9/4 CHEESE QUESADILLAS Confetti Salad (black beans, corn, peppers) Fruit 1% or Skim Milk	9/5 PIZZA-pepperoni or cheese Good ♥ Salad Fruit 1% or Skim Milk	9/6 HAM & CHEESE SUBS with fixings Good ♥ Green Beans 1% or Skim Milk Cookie	☆  The newest member of our kitchen staff is RHIANNA WEISS! Rhianna will be here on Thursdays and Fridays. Please come say hello!! ☆  ☆ ☆
9/9 BAKED ROTINI Veggie Sticks and Hummus Fruit 1% or Skim Milk	9/10 CHICKEN SALAD SANDWICH Spinach Salad Baby Carrots Fruit 1% or Skim Milk	9/11 CHEESEBURGER PIE (local beef, cheddar, and homemade biscuit topping) Tossed Salad Fruit 1% or Skim Milk  <b>PLEASE JOIN US FOR Doty's Open House and Community BBQ &amp; Potluck</b> 5:30 -6:30 We will provide hamburgers and hotdogs. Please bring a dish to share. Hope to see you there!	9/12 PIZZA- cheese or veggie Good ♥ Salad Soup Fruit 1% or Skim Milk	9/13 BEANS AND RICE with salsa, cheese, and sour cream Broccoli Fruit 1% or Skim Milk Cookie	LOCAL FOODS ON OUR MENU THIS MONTH WILL INCLUDE: <b>Good Heart Farm:</b> organic vegetables <b>Stearns Hoof and Hay Farm:</b> beef from grass fed cattle. <b>North Country Smokehouse:</b> nitrite and preservative free ham and turkey <b>Bee Haven Honey Farm:</b> honey! <b>Lamb Sugarworks:</b> maple syrup <b>VT Grown Apples</b>

**PRICES**    **KIDS:** Breakfast \$3.00/ Lunch \$4.00 (Reduced price meals: FREE)    **ADULTS:** Breakfast \$4.00/ Lunch \$5.50

This institution is an equal opportunity provider.

*Menu is subject to change.*

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SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SPECIAL NOTES
9/16	9/17	9/18	9/19	9/20	
MAC & CHEESE Peas Carrot Salad Fruit 1% or Skim Milk	CHICKEN FRIED RICE Broccoli Fruit 1% or Skim Milk	BRUNCH!! Egg and Cheese Bake Roasted Root Vegetables Blueberry Crumb Cake Fruit 1% or Skim Milk	PIZZA-pepperoni or cheese Good ♥ Salad Soup Fruit 1% or Skim Milk	BEEF BURRITO Tossed Salad Buttered Winter Squash Fruit 1% or Skim Milk	
9/23	9/24	9/25	9/26	9/27	
BUTTERED NOODLES With marinara sauce and cheese Broccoli Roasted Chickpeas Fruit 1% or Skim Milk	OVEN ROASTED CHICKEN Mashed Potatoes Katie's Kale Salad Fruit 1% or Skim Milk	MINISTRONE SOUP WITH SAUSAGE Cheddar Cornbread Tossed Salad Fruit 1% or Skim Milk	PIZZA- cheese or veggie Good ♥ Salad Soup Fruit 1% or Skim Milk	BEANS AND RICE with salsa, cheese, and sour cream Veggie Sticks Fruit 1% or Skim Milk Cookie	

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Please maintain a **POSITIVE BALANCE** in your child's food service account. **WE ACT ON A DEBIT SYSTEM** and your child's account will be deducted for each meal, or drink ordered. You may **pay online** or drop off a check or cash, clearly marked, at the office.

You are very welcome to come eat a meal with your student. Please make sure to call us in the morning so we can add you to our lunch count. 223-5656 ext. 143. Thank you!

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