



WILDCAT CAFÉ

# APRIL 2019

## RUMNEY MEMORIAL SCHOOL

WILDCAT CAFÉ  
Rumney Memorial School  
Sabrina Bador  
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### Monday

**1**  
Turkey Tacos w/ Meat or Bean,  
Cheddar Cheese,  
Salsa, Sour Cream,  
Seasoned Rice,  
Steamed Buttered Corn  
Pears,  
Milk

**8**  
Brunch for Lunch  
Pancakes, Rumney Maple Syrup,  
Roasted Potato on a bed of Spinach,  
Hard Boiled Egg,  
Sausage,  
Peaches,  
Milk

**15**  
April Break

**22**  
Chicken Alfredo or  
Veggie Alfredo  
Homemade Roll,  
Spinach Salad,  
Pears,  
Milk

**29**  
Grilled Ham and Cheese  
Or  
Cheese Sandwich  
Tomato Soup  
Fresh Veggies,  
Pears,  
Milk

### Tuesday

**2**  
Baked Rotini w/Meat or Cheese  
Homemade Roll,  
Spinach Salad,  
Applesauce,  
Milk

**9**  
Chicken Nuggets,  
Seasoned Wedges,  
Fresh Veggies,  
Pears,  
Milk

**16**  
Have a great Break

**23**  
Serve yourself Salad Bar  
Spinach, Shredded Carrots, Shredded  
Beats, Bacon Bits, Cheddar Cheese,  
Cottage Cheese, Cucumber, Tomatoes,  
Crouton, Ham or Turkey, Three Bean  
Salad, Homemade Roll, Choices of  
Ranch, Italian, Caesar, Maple Balsamic  
Dressings,  
Orange Slices, Milk

**30**  
Chicken Pesto Pasta,  
Homemade Roll,  
Steamed Buttered Broccoli,  
Peaches,  
Milk

### Wednesday

**3**  
Baked Potato Bar,  
Cheddar Cheese,  
Bacon Bits,  
Taco Meat,  
Salsa, Sour Cream,  
Steamed Buttered Broccoli,  
Peaches,  
Milk

**10**  
Nachos Meat or Cheddar Cheese,  
Seasoned Black Beans,  
Steamed Buttered Corn,  
Applesauce,  
Milk

**17**  
See you all April 22<sup>nd</sup>!!!

**24**  
Taco Salad  
Steamed Buttered Corn,  
Fresh Veggies  
Peaches,  
Milk

### Thursday

**4**  
Deb's Dunkers,  
W/ melted Mozzarella,  
Marinara Sauce,  
Spinach Salad,  
Carrots, Hummus,  
Apple,  
Milk

**11**  
Homemade Pizza,  
Choices of,  
Sausage, Cheese,  
Pesto, Veggie Pesto,  
Spinach Salad,  
Carrots w/ Hummus,  
Apple,  
Milk

**25**  
Deb's Dunkers,  
W/ Melted Mozzarella,  
Marinara Sauce,  
Spinach Salad,  
Carrots, w/ Hummus,  
Apple,  
Milk

### Friday

**5**  
INSERVICE DAY

**12**  
Chicken Teriyaki,  
W/ Stir Fry Veggies  
On a bed of Rice  
Fresh Veggies,  
Peaches,  
Milk

**26**  
Pulled Pork on WW Bun,  
Steamed Buttered Green Beans,  
Fresh Veggies,  
Applesauce,  
Milk

Sandwich alternatives are; 4/1-4/5 Sunbutter and Jelly, 4/8-4/12 Turkey and Cheese, 4/15-4/19 Sunbutter and Jelly, 4/22-4/26 Ham and Cheese, 4/29-5/3 Sunbutter and Jelly.  
The menu is subject to change due to product availability. USDA is an equal opportunity provider and employer. GF and Vegetarian options are available upon request.

Have a fun and safe break everyone!!!

Thank you, Sabrina, April